



Matsubayashi (Shorin)-Ryu Karate-Do Seminar with Ole-Björn Tuftedal, Renshi 6th Dan from Norway

- Open for all Karate styles -

Saturday, 15th March 2014

10:00 – 12:00	special training for lower graduations (<i>but open for all</i>)
12:00 – 13:00	Lunchbreak
13:00 – 15:00 -	training for middle graduation to DAN owners
15:00 – 15:30	Coffee & Cake (Break)
....15:30 – 17:00	DAN owners and DAN candidates

Sunday, 16th March 2014

10:00 – 11.30	DAN owners and DAN candidates
11.45 – 12.45	Lunchbreak
12:45 – 14:45	training for middle graduation to DAN owners
15:00 – 15:30	Kaffee & Kuchen
15:15 – 17:00 Uhr	special training for lower graduations (<i>but open for all</i>)

The contents of the seminar is focus at the graduations of the participant. Of course there are short breaks for drinking. Soft drinks and snacks are free.

Members from other Karate Styles are welcome!

Location: Kurt Knippemeyer Halle
Speckweg
26529 Marienhafte – Germany (nearest airport: Bremen (BRE) or Amsterdam (AMS))

Service charge: Kids: unittl 16 years: 15,- Euro
Adults (from 16 years up) 25,- Euro* (students with studentcard get 10% deduction)
Audience: free

For further informations, please look at our Website at www.tv-osteel.de.

Organiser: Matsubayashi-Ryu Dojo Osteel of TV Osteel e.V.22 –Abt. Karate, Adeweg 30, 26529 Osteel

Announcement and questions: karate@tv-osteel.de

The Organiser will not to be responsible for any damage or loss.



TV Osteel

Wir fördern unsere Jugend



15th Feb. 2014