

In Association With The

European Matsubayashi-Ryu Karate Association

Proudly Presents An Open Seminar With

Ole-Bjorn Tuftedal Sensei

5th Dan Matsubayashi Shorin-ryu Karate, Norway European Representative Of Soke Nagamine, 10th Dan, Hanshisei

Saturday 30th of January, 2009

White Tiger Martial Arts Centre McHale Road Business Park Castlebar, Co. Mayo

Registration 9.30 am

All Grades 10 – 11.30 am

Brown & Black Belts Only 1.30 – 4 pm

Fees: One Session €10 Full Seminar €20

For More Information Contact Martin @ 087 – 6407263 Or E-Mail To <u>info@imaf-ireland.com</u>